



2023 - COURSE

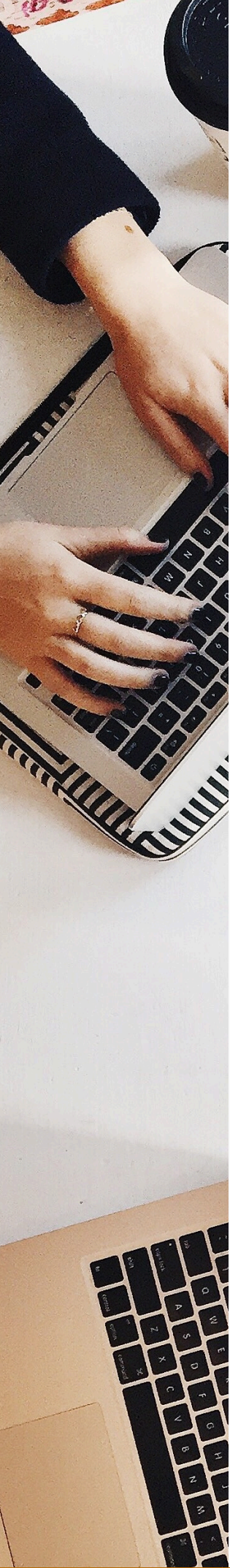
HEALING SERIES: FIND PURPOSE, FIND ME!

A 3-part healing studies for Women that is in search of purpose. This session is not about finding your grind but about creating a understanding of your why. It is to help you find YOU, and to not self-abandon the YOU that God created. Finding Me will encourage growth and change mindsets.

UNFINISHEDBRIDE.COM

find
your
purpose





HEALING SERIES:

Find purpose, Find ME!

01

What is PURPOSE?

Questions asked when a person struggles to identify their purpose, feel overwhelmed in life, feel hopeless or feel like there is more to life but can't quite capture it.

02

PURPOSE with God

Purpose is defined by the Creator of life

03

Who are You?

Not the roles you play but the person you are at the core. What has shaped you?

04

Ways to discover your PURPOSE

Discover your purpose through intentional soul searching.

05

Your PURPOSE is bigger than YOU

Your purpose is not about your likes or roles in life, but it is tied to people. It is discovered outside of the perimeters of your comfortability and found in the most interesting spaces.

A photograph of three women smiling and laughing. The woman in the center is wearing a blue ruffled dress and has a tattoo on her left arm. The woman on the left is wearing a yellow top, and the woman on the right is wearing a yellow jacket. A semi-transparent white box is overlaid on the center of the image, containing text.

||

**Purpose is not
passion but
passion is what
drives our
purpose**

-

-unfinishedbride-

Find Purpose, Find ME

UNFINISHED BRIDE

WHAT IS PURPOSE?

**WHY AM I ALIVE?
WHAT AM I HERE FOR?
DOES MY LIFE MATTER?
IS THERE MORE TO LIFE?**

**THESE ARE SOME QUESTIONS THAT ARE
OFTEN ASKED WHEN A PERSON:**

- STRUGGLES TO IDENTIFY THEIR PURPOSE
- FEELING OVERWHELMED IN LIFE
- FEELING HOPELESS
- FEELING LIKE THERE IS MORE TO LIFE BUT CAN'T QUITE CAPTURE IT



HOW DO YOU KNOW IF YOU ARE LIVING IN

PURPOSE

1. YOU ARE LIVING A CARELESS/CAREFREE LIFE
2. YOU LACK JOY AND EXCITEMENT
3. YOU ARE NOT FULFILLED
4. YOU WORK TO NOT DO YOUR LIFE'S WORK
5. YOU FEEL STUCK
6. YOU HAVE NO DIRECTION

PURPOSE WITH GOD

FIND PURPOSE, FIND ME!

IN SPITE OF WHAT YOU'VE HEARD, OFTENTIMES WE ASK THOSE QUESTIONS BECAUSE WE LOOK WITHIN OURSELVES FOR THE ANSWERS. WE'VE HEARD IT ECHOED, LOOK WITHIN TO FIND THE ANSWERS OF LIFE. I FIND THAT DIFFICULT TO DO:

- BECAUSE IF THE ANSWERS WERE INSIDE OF ME, I WOULDN'T BE STRUGGLING AS IT WOULD MANIFEST EASILY.
- OUR EMOTIONS ARE FICKLE AND MY PURPOSE WOULD BE DEPENDENT UPON HOW I'M FEELING ON ANY GIVEN DAY
- WE ARE LOOK FOR ANSWERS HIGHER THAN OURSELVES. IF THE ANSWERS WERE WITHIN US, WE WOULD BE OUR OWN GOD



THE ANSWER WE ARE NEEDING IS NOT BASED ON OUR BACKGROUND, SOCIAL OR ECONOMIC STATUS, PERFORMANCE, OR INTELLIGENCE. IT'S BASED ON DESIGN. YOU WERE CHOSEN. YOU DIDN'T HAVE TO EARN IT. YOU ARE LOVED. YOUR PURPOSE IS NOT ABOUT YOU BUT THE ONE WHO CREATED YOU. *Everything got started in him and finds its purpose in him.*" Colossians 1:16 (message)

QUESTIONS TO PONDER:

- *How can you remind yourself that life is not about you but higher than you?*
- *Have you reconciled that your life was planned and structured before you were born? Isaiah 44:2)*



UNDERSTANDING THAT
I WAS MADE FOR GOD'S
PURPOSE IS KEY TO
LOCATING THE
PATHWAY OF HONING
INTO WHAT I AM
SUPPOSED TO BE DOING
AND FURTHERMORE
WHO I AM.

“SURRENDER YOUR WHOLE
BEING TO HIM TO BE USED FOR
RIGHTEOUS PURPOSES.” ROMANS
6:13

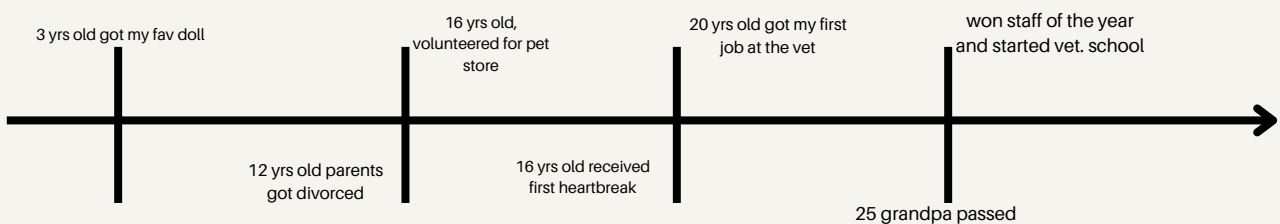


WHO ARE YOU?

FIND PURPOSE, FIND ME!

LET'S DEVELOP A TIMELINE OF YOUR LIFE: (example below)

- Get a piece of paper or poster
- Draw a line down the middle, using the long side of the paper
- The top of the line will be for the "good" things and the bottom for "bad" things happened in your life from your earliest memory



What pattern did you discover in your timeline?

THE ANSWER WE ARE NEEDING IS NOT BASED ON WHERE WE COME FROM, SOCIAL OR ECONOMIC STATUS, PERFORMANCE, OR INTELLIGENCE. IT'S BASED ON DESIGN. YOU WERE CHOSEN. YOU DIDN'T HAVE TO EARN IT. YOU ARE LOVED. YOUR PURPOSE IS NOT ABOUT YOU BUT THE ONE WHO CREATED YOU.

*Everything got started in him and finds its purpose in him.” Colossians 1:16
(message)*

QUESTIONS TO PONDER:

- *What areas of your background and personality has shaped who you are?*
- *What would your family and friends say is your ambition or passion for life?*
- *What do you have drive to do in your life?*

WAYS TO DISCOVER YOUR PURPOSE

FIND PURPOSE, FIND ME!

- PRAY
- STUDY GOD'S WORD/READ BOOKS
 - PSALM 119:105 "Your word is a lamp to my feet and a light to my path."
- DETERMINE YOUR GIFTS AND STRENGTHS
- WHAT ARE YOUR STRENGTHS? WHAT DO YOU BELIEVE YOU ARE GIFTED TO DO?
- DETERMINE YOUR PASSIONS
- IF MONEY WASN'T AN ISSUE, WHAT DO YOU LOVE TO DO?
- WHERE DO YOUR GIFTS MEET YOUR PASSION?
- COUNSEL WITH OTHERS
 - "Where there is no guidance, a people fall, but in an abundance of counselors there is safety."
 - COUNSEL SHOULD COME FROM PEOPLE YOU TRUST AND WANT WHAT'S BEST FOR YOU
 - NOT OPINIONATED PEOPLE
- TAKE SOLITUDE
 - GET AWAY TO THINK, PRAY AND JOURNAL
 - FAST TO CONNECT WITH GOD AND CLEAR YOUR HEADSPACE
 - HEBREWS 11:6 And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.
- KNOW YOUR PURPOSE IS TIED TO PEOPLE
 - DO I LIKE PEOPLE?
 - DO I LIKE THE PEOPLE/POPULATION THAT I SERVE?
 - ARE RELATIONSHIPS YOUR FIRST PRIORITY?

QUESTIONS TO PONDER:

- *Do you trust God with your life?*
- *What assignment/idea have you put on the back burner that you know God put in your heart to do?*
- *What are you currently working on?*
- *What season are you in your life right now?*

YOUR PURPOSE IS BIGGER THAN YOU

5 minute journaling

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

KEEP IN MIND THAT THIS IS NOT ABOUT BUSY WORK BUT PURPOSE WORK

HEALING SERIES:
FIND PURPOSE, FIND ME!



UNFINISHED BRIDE

SIGN UP FOR THE NEXT HEALING SERIES

These sessions will provide you with the tools and engagement needed to support healing in your everyday life. You will receive community with other women, resources and 1-on-1 mentorship.

[SIGN UP](#)

HEALING SERIES: FIND PURPOSE, FIND ME!

THANK YOU!

For your support of Unfinished Bride. We hope to provide you with resources and content that help to improve lives for the better. Unfinished Bride has a mission to help marginalized women in centers and safe houses by providing them with resources, gifts and products. To donate to this cause please visit our website.

UNFINISHEDBRIDE.COM